

## SALADS

### **PARK BENCH**

Fresh salad greens topped with red onion, feta cheese, toasted almonds & croutons. Served with our raspberry vinaigrette dressing.  
9.75 w/chicken 11.00

### **ORCHARD**

A mound of fresh salad greens topped with seasonal fruit & almonds served with our raspberry vinaigrette dressing.  
9.75 w/ chicken 11.00

### **WASHINGTON**

Dried cranberries, sugared walnuts, red onion & blue cheese on a bed of fresh greens. Served with our poppy seed dressing.  
9.75 w/ chicken 11.00

### **ORIENTAL**

Fresh cabbage & lettuce tossed with green onions, sunflower seeds, mandarin oranges & crunchy noodles topped with homemade oriental dressing.  
9.75 w/ chicken 11.00

### **THE SICILIAN**

Fresh greens topped with artichokes, red onions, black olives, diced pimento & Sicilian meats. Topped with homemade parmesan basil dressing 11.00  
Extra Dressing .70  
Add-ons to any salad .70

## **Southwest Chicken**

Grilled Blackened Chicken with black beans & corn salsa, cheddar cheese and tortilla chips and house made Pico Ranch Dressing  
11.00

## SANDWICHES

Served on your choice of wheat, country white, croissant or rye (unless specified)

All are served with pasta salad, cottage cheese or chips

### **CHUNKY CHICKEN SALAD**

Homemade chicken salad with almonds & grapes. 9.45

### **TURKEY CLUB**

Fresh roasted turkey, bacon, lettuce, tomato & mayo. 9.45

### **TURKEY LINGONBERRY**

Fresh roasted turkey, provolone cheese lettuce & lingonberry jam. 9.45

### **HOT HAM & CHEESE**

Fresh ham topped with your choice of melted American, Swiss, cheddar, provolone or gouda cheese. 9.45

### **THE VEGGIE**

Provolone cheese, tomato, cucumber, green pepper, roasted red peppers, mushrooms, red onion & seasoned mayo. 9.45

## **THE BAGEL** (not available in half)

Fresh roasted turkey, provolone cheese, cucumber, green pepper, bacon & seasoned mayo on a toasted bagel. 9.75

## **REUBEN** (not available in half)

Corned beef topped with sauerkraut, swiss cheese & and homemade 1000 island dressing grilled on marble rye 9.75

## **FRENCH DIP** (not available in half)

Thinly sliced roast beef & melted provolone piled high on a sourdough hoagie bun. Served with Au jus 9.75

## **ITALIAN HOAGIE**(not available in half)

Ham, salami, pepperoni & provolone lightly toasted, topped with lettuce, tomato, red onion, banana peppers, & our homemade parmesan basil dressing 9.75

## QUICHE

### **GREEK**

Spinach, sundried tomatoes, black olives & green onions with mozzarella & feta cheeses. 6.75

### **THE BENCH MEDLEY**

Broccoli, cheddar, bacon & mushrooms 6.75

**HAM, SPINACH & SWISS** 6.75

Quiche with side salad 9.00  
Quiche with specialty salad 10.75  
Quiche with cup of soup 9.75

## COMBOS

½ sandwich & cup of soup 9.25  
½ salad & cup of soup 8.25  
½ sandwich & ½ salad 9.75

## **THE TRIO**

Your choice of mini sandwich OR quiche, with a small cup of our homemade soup and a portion of our Park Bench or Washington salad. 9.45

(excludes French dip, Reuben, Italian Hoagie & The Bagel)

## A LA CARTE

Soup Cup 4.45  
Bowl 5.75  
½ sandwich 5.50  
½ salad 6.00

## BEVERAGES

\*Free Refills

Orange juice & apple juice 2.00  
Milk (2%, skim, soy) 2.50  
Soda\* 2.75  
Lemonade\* 2.75  
Iced tea\* 2.75  
Hot tea \* 2.75  
Coffee\* 2.75  
Bottled water 2.00