



LUNCH MENU

Salad

PARK BENCH 9.75 with Chicken 11

Fresh salad greens topped with red onion, feta cheese, toasted almonds & croutons. | Raspberry vinaigrette dressing.

WASHINGTON 9.75 with Chicken 11

Dried cranberries, sugared walnuts, red onion & blue cheese on a bed of fresh greens | Poppy seed dressing

ORCHARD 9.75 with Chicken 11

A mound of fresh salad greens topped with seasonal fruit & almonds Raspberry vinaigrette dressing.

ORIENTAL 9.75 with Chicken 11

Fresh cabbage & lettuce tossed with green onions, sunflower seeds, mandarin oranges & crunchy noodles Homemade oriental dressing

THE SICILIAN 11

Fresh greens topped with artichokes, red onions, black olives, diced pimento & Sicilian meats. | Homemade parmesan basil dressing

SOUTHWEST 9.75 with Chicken 11

Grilled Blackened Chicken with black beans & corn salsa, cheddar cheese and tortilla chips | House made Pico Ranch Dressing

Extra Dressing .70

Add-ons to any salad .70

The trio

Your choice of mini sandwich OR quiche, with a small cup of our homemade soup and a portion of our Park Bench or Washington salad. 9.45

Quiche

GREEK 6.75

Spinach, sundried tomatoes, black olives & green onions with mozzarella & feta cheeses.

THE BENCH MEDLEY 6.75

Broccoli, cheddar, bacon & mushrooms

HAM, SPINACH & SWISS 6.75

Quiche with side salad 9.00

Quiche with specialty salad 10.75

Quiche with cup of soup 9.75

Combos

Half sandwich & cup of soup 9.25

Half salad & cup of soup 8.25

½ sandwich & ½ salad 9.75

A la Carte

Soups Cup 4.45

Bowl 5.75

Half Sandwich 5.50

Half Salad 6.00

sandwiches

Served on your choice of wheat, white, croissant, rye or sourdough or wrap (unless specified). All are served with pasta salad, cottage cheese, chips or coleslaw

CHUNKY CHICKEN SALAD 9.45

Homemade chicken salad with almonds & grapes

TURKEY CLUB 9.45

Fresh roasted turkey, bacon, lettuce, tomato & mayo

TURKEY LINGONBERRY 9.45

Fresh roasted turkey, provolone cheese lettuce & lingonberry jam

THE VEGGIE 9.45

Provolone cheese, tomato, cucumber, green pepper, roasted red peppers, mushrooms, red onion & seasoned mayo.

THE BAGEL (not available in half) 9.75

Fresh roasted turkey, provolone cheese, cucumber, green pepper, bacon & seasoned mayo on a toasted bagel.

BLT 8.45

Toasted bread with bacon, lettuce and tomato with mayo

Hot sandwiches and burgers

HOT HAM & CHEESE 9.45

Fresh ham topped with your choice of melted American, Swiss, cheddar, provolone or gouda cheese

REUBEN (not available in half) 9.75

Corned beef topped with sauerkraut, swiss cheese & and homemade 1000 island dressing grilled on marble rye

FRENCH DIP (not available in half) 9.75

Thinly sliced roast beef & melted provolone piled high sourdough hoagie bun. Served with Au jus

ITALIAN HOAGIE (not available in half) 9.75

Ham, salami, pepperoni & provolone lightly toasted, topped with lettuce, tomato, red onion, banana peppers, & our homemade parmesan basil dressing

PATTY MELT (not available in half) 9.75

6oz hamburger with provolone and cheddar cheese with Balsamic glazed onions on Rye

MUSHROOM & SWISS BURGER (not available I half) 9.75

6oz hamburger with sautéed mushrooms and swiss cheese

CAPRESE CHICKEN SANDWICH (not available in half) 9.75

Pulled chicken breast topped with onions, tomato, olives and feta cheese

Beverages

*Free Refills

Orange juice & apple juice 2.00

Milk (2%, skim, soy) 2.50

Soda* 2.75

Lemonade* 2.75

Iced tea * 2.75

Hot tea * 2.75

Coffee* 2.75

Bottled water 2.00



DINNER MENU

Appetizers

Argentine Shrimp Cocktail 6

Duck Legs 8 | with a Balsamic Cabernet Reduction

Southwest Chicken Egg Rolls 7 | with Zesty Ranch Sauce

Duck Bacon Wontons 7 | with a sweet chili sauce

Seared Sea Scallops 9 | with Corn cake, red pepper Coulis and green pepper cream

Flatbread of the night(see server) 8 |

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WASHINGTON 9.75 with Chicken 11

Dried cranberries, sugared walnuts, red onion & blue cheese on a bed of fresh greens with Poppy seed dressing

SOUTHWEST 9.75 with Chicken 11

Grilled Blackened Chicken with black beans & corn salsa, cheddar cheese and tortilla chips | House made Pico Ranch Dressing

REVELRY 11

Grilled Steak, shredded gouda, Kohlrabi mix over fresh greens with Peppercorn Ranch dressing

Extra Dressing .70 Add-ons to any salad .70

Entrees

CAST IRON N.Y. STRIP 10oz 30

With our house rub and topped with mint chimichurri. Served with Yukon mashed potato and asparagus with tomato confit.

CAST IRON FILET 8oz 30

Served with Yukon gold potato, asparagus and a house made compound butter.

MONCHONG FISH 22

Served over Jerk rice topped with coconut carrots and lime garlic butter

SALMON 20

Served with seasonal vegetable ragout and mashed potato

SEASONED CHICKEN 15

Thigh stuffed with house made Chorizo and chicken breast.

Served over black beans and rice and topped with a red pepper coulis.

CAST IRON LEMON-GREEN TEA RUBBED TOMA-

HAWK PORK CHOP 12oz 20

Served with roasted potatoes and balsamic vegetables (house rub also available)

WEST AFRICAN GROUND NUT STEW (Vegetarian) 12

Sweet potato, cabbage and green beans simmered in veg. broth.

Tomatoes and peanut butter, served over rice.

Add Chicken 2

Add Shrimp 6

HOUSE SPECIAL– See Server

HOUSE PASTA SPECIAL– See Server

sandwiches and burgers

Served on your choice of wheat, white, croissant, rye or sourdough or wrap (unless specified). All are served with pasta salad, cottage cheese, chips or coleslaw or fries

HOT HAM & CHEESE 9.45

Fresh ham topped with your choice of melted American, Swiss, cheddar, provolone or gouda cheese

REUBEN (not available in half) 9.75

Corned beef topped with sauerkraut, swiss cheese & and homemade 1000 island dressing grilled on marble rye

FRENCH DIP (not available in half) 9.75

Thinly sliced roast beef & melted provolone piled high sourdough hoagie bun. Served with Au jus

TURKEY CLUB 9.45

Fresh roasted turkey, bacon, lettuce, tomato & mayo

THE BAGEL (not available in half) 9.75

Fresh roasted turkey, provolone cheese, cucumber, green pepper, bacon & seasoned mayo on a toasted bagel

PATTY MELT (not available in half) 9.75

6oz hamburger with provolone and cheddar cheese with Balsamic glazed onions on Rye

MUSHROOM & SWISS BURGER (not available in half) 9.75

6oz hamburger with sautéed mushrooms and swiss cheese on a bun

CAPRESE CHICKEN SANDWICH 9.75

Pulled chicken breast topped with onions, tomato, olives and feta cheese

TERIYAKI BURGER 9.75

6oz hamburger with house made Teriyaki sauce with Asian Slaw

BACON & BLEU BURGER 9.75

6oz hamburger with smoked bacon and Bleu cheese

Desserts

Murphy Lemon Cake 5.50

Cheese Cake 5.25

Crème Brulee 5.25

Homemade Bread Pudding 5.50

Salted Carmel Brownie 4.25

Banana Chocolate Swirl Cake 5.50

Chocolate Overload Cake 5.25

Pie/Cake of the week 5.50

****Kids Menu Available****

****20% gratuity will be added to parties of 6 or more**

****No outside food allowed unless prior arrangements have been made. Subject to a service fee.**

***Consuming raw or undercooked meat, poultry, seafood or eggs may increase your risk of foodborne illness**