



LUNCH MENU

Salad

- PARK BENCH** 9.75 with Chicken 11
Fresh salad greens topped with red onion, feta cheese, toasted almonds & croutons. | Raspberry vinaigrette dressing.
- WASHINGTON** 9.75 with Chicken 11
Dried cranberries, sugared walnuts, red onion & blue cheese on a bed of fresh greens. | Poppy seed dressing
- ORCHARD** 9.75 with Chicken 11
A mound of fresh salad greens topped with seasonal fruit & almonds Raspberry vinaigrette dressing.
- ORIENTAL** 9.75 with Chicken 11
Fresh cabbage & lettuce tossed with green onions, sunflower seeds, mandarin oranges & crunchy noodles Homemade oriental dressing
- THE SICILIAN** 11
Fresh greens topped with artichokes, red onions, black olives, diced pimento & Sicilian meats. | Homemade parmesan basil dressing
- SOUTHWEST** 9.75 with Chicken 11
Grilled Blackened Chicken with black beans & corn salsa, cheddar cheese and tortilla chips | House made Pico Ranch Dressing
- Extra Dressing .70
Add-ons to any salad .70

The trio

Your choice of mini sandwich OR quiche, with a small cup of our homemade soup and a portion of our Park Bench or Washington salad. 9.45

Quiche

- GREEK** 6.75
Spinach, sundried tomatoes, black olives & green onions with mozzarella & feta cheeses.
- THE BENCH MEDLEY** 6.75
Broccoli, cheddar, bacon & mushrooms
- HAM, SPINACH & SWISS** 6.75
Quiche with side salad 9.00
Quiche with specialty salad 10.75
Quiche with cup of soup 9.75

Combos

- Half sandwich & cup of soup 9.25
Half salad & cup of soup 8.25
½ sandwich & ½ salad 9.75

A la Carte

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| Soups | Cup | 4.45 |
| | Bowl | 5.75 |
| Half Sandwich | | 5.50 |
| Half Salad | | 6.00 |

Sandwiches

Served on your choice of wheat, white, croissant, rye or sour-dough or wrap (unless specified). All are served with pasta salad, cottage cheese, chips or coleslaw

- CHUNKY CHICKEN SALAD** 9.45
Homemade chicken salad with almonds & grapes
- TURKEY CLUB** 9.45
Fresh roasted turkey, bacon, lettuce, tomato & mayo
- TURKEY LINGONBERRY** 9.45
Fresh roasted turkey, provolone cheese lettuce & lingonberry jam
- THE VEGGIE** 9.45
Provolone cheese, tomato, cucumber, green pepper, roasted red peppers, mushrooms, red onion & seasoned mayo.
- THE BAGEL** (not available in half) 9.75
Fresh roasted turkey, provolone cheese, cucumber, green pepper, bacon & seasoned mayo on a toasted bagel.

- BLT** 8.45
Toasted bread with bacon, lettuce and tomato with mayo

Hot sandwiches and burgers

- HOT HAM & CHEESE** 9.45
Fresh ham topped with your choice of melted American, Swiss, cheddar, provolone or gouda cheese
- REUBEN** (not available in half) 9.75
Corned beef topped with sauerkraut, swiss cheese & and homemade 1000 island dressing grilled on marble rye
- FRENCH DIP** (not available in half) 9.75
Thinly sliced roast beef & melted provolone piled high sourdough hoagie bun. Served with Au jus
- ITALIAN HOAGIE** (not available in half) 9.75
Ham, salami, pepperoni & provolone lightly toasted, topped with lettuce, tomato, red onion, banana peppers, & our homemade parmesan basil dressing
- PATTY MELT** (not available in half) 9.75
6oz hamburger with provolone and cheddar cheese with Balsamic glazed onions on Rye
- MUSHROOM & SWISS BURGER** (not available I half) 9.75
6oz hamburger with sautéed mushrooms and swiss cheese
- CAPRESE CHICKEN SANDWICH** (not available in half) 9.75
Pulled chicken breast topped with onions, tomato, olives and feta cheese

Beverages

- *Free Refills
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|----------------------------|------|
| Orange juice & apple juice | 2.00 |
| Milk (2%, skim, soy) | 2.50 |
| Soda* | 2.75 |
| Lemonade* | 2.75 |
| Iced tea * | 2.75 |
| Hot tea * | 2.75 |
| Coffee* | 2.75 |
| Bottled water | 2.00 |

Kids Menu Available

**20% gratuity will be added to parties of 6 or more

**No outside food allowed unless prior arrangements have been made. Subject to a service fee.

*Consuming raw or undercooked meat, poultry, seafood or eggs may increase your risk of foodborne illness